



Lake Ridge Endodontics
12510 C Lake Ridge Drive
Lake Ridge, VA 22192
703-494-8624

Root Canal Therapy Post- Operative Instruction

1. *Most people experience mild to moderate discomfort for the first 48 hours. On the 3rd day after treatment, the pain should begin to improve. Despite this improvement, the tooth may be tender to touch for 1-2 weeks.*
2. *If you are not allergic to ibuprofen (Advil, Motrin, Nuprin), please take 600mg before the Novocaine wears off and every 6 hours thereafter until your pain resolves.*
3. *Please be careful not to bite your lip or tongue while you are still numb.*
4. *Do not bite with or chew on the treated tooth until your general dentist places a permanent restoration in the tooth.*
5. *After completion of root canal therapy, return to your general dentist in 1-2 weeks for a permanent restoration.*
6. *If pain worsens 24-48 hours after treatment instead of improving, or if you develop swelling, please call the office. Our doctors can be reached after hours. Please call the office phone number to obtain the pager number in case of emergency.*